

COUNSELING SERVICES

Alcoholics Anonymous

Phone: (530) 573-2444

Call for meeting times and locations

Alta California Regional Center

Location: 2489 Lake Tahoe Blvd., South Lake Tahoe, CA

Phone: (530) 542-0442

Hours: Monday - Friday, 8:00 a.m. to 5:00 p.m.

For people with developmental disabilities

Early Start Program - Birth to 3 years old

Warm Line Family Resource Center

Bereavement Support Groups

Auto Accident or any Teenage Death

Contact Person: Sue Herbacek

Contact Number: (530) 542-1968

Barton Memorial Hospital's Hospice Program

Contact Number: (530) 542-3171

Compassionate Friends/ Widow and Widower's Support Group

Contact Persons: Jack & Dot Mangnal

Contact Number: (530) 541-3714

Support group for parents, families and siblings who have lost a child

Infant Death Issues (S.I.D.S.):

Contact Person: Alice Buseniehner

Contact Number: (530) 541-2425

Special Needs or To Talk with Someone about Grief

Contact Persons: Dan & April Herrera

Contact Number: (530) 544-4966 or

Contact Person: Jack Mangnall

Contact Number: (530) 541-3714

Choices Transitional Services

Location: 1950 S. Lake Tahoe Blvd. #2, South Lake Tahoe, CA

Phone: (530) 541-0167

Independent Living Services (ILS)

Supported Living Services (SLS)

Independent Living Transition Program (ILTP)

Vocational and Educational Training Services (VETS) Tahoe area only.

All the above services are to assist people with disabilities.

Department of Rehabilitation, State Vocational Rehabilitation

Location: 2489 Lake Tahoe Blvd., South Lake Tahoe, CA

Phone: (530) 541-3281

Employment and independence for Californians with disabilities

El Dorado County Mental Health

Location: 1900 Lake Tahoe Blvd., South Lake Tahoe, CA

Phone: (530) 573-3251

24-hr Line: (530) 544-2219

Hours: Monday - Friday, 8:00 a.m. to 5:00 p.m.

Children & Adult Counseling/Program

Tahoe Opportunity Program - For the homeless who meet Mental Health guidelines

Crisis & Emergency Services (suicidal situations)

Various Group Counseling Sessions

Employment Assistance Program

Location: 3066 Lake Tahoe Blvd. (Chamber Of Commerce Bldg.)

Phone: (530) 544-5560

Hours: Monday - Friday, 8:30 a.m. to 5:00 p.m.

Up to 3 free, confidential assessments per year to each employee and their families

Referrals for counseling agencies or private therapists

Assistance with gambling, substance abuse, etc.

Management support, consultation and training

Family Resource Center (FRC)

Location: 3501 Spruce Street, Suite B, South Lake Tahoe, CA

Phone: (530) 542-0740

Hours: Monday - Friday, 9:00 a.m. to 5:00 p.m.

Services Provided:

Health Care through the Health Dept. (immunizations, well baby checks, etc.)

Clothing Closet

Emergency Food (1 time only) & Food Commodity (2nd Friday of the month)

Translations

Family Advocacy

Counseling

Educational Classes (English as a 2nd language), parenting, computer

Good Samaritan Counseling - Christian Based Counseling Service

Location: 3360 Lake Tahoe Blvd., Suite L 2, (El Dorado Bldg.)

Phone: (530) 544-3997

Counseling Services Provided In:

Women's Issues, Marriage Counseling,

Child Abuse Issues, Low Income, Jail Assistance

Interpreter available for Spanish speaking clients

NAMI of South Lake Tahoe (National Alliance for the Mentally Ill)

Contact: Diana Hankins

Phone: (530) 577-4740

*Meetings are held monthly at El Dorado County Library and are free.

Narcotics Anonymous

Phone: (530) 541-4100

*Call for meeting times and location

Sierra Recovery Center

Location: 972 Tallac Ave., South Lake Tahoe, CA

Phone: (530) 541-5190 Crisis Number: (530) 541-5440

Hours: Monday - Friday, 8:00 a.m. to 5:00 p.m.

Tahoe Youth & Family Services

Location: 1021 Fremont Ave., South Lake Tahoe, CA

Phone: (530) 541-2445

24-Hr Line: (530) 541-8500

Hours: Monday - Friday, 8:00 a.m. to 5:00 p.m.

Available to: Youth from 10 to 18 and their parents

- Community Outreach & Education
- Crisis Counseling
- Hispanic Services
- Substance Abuse Counseling
- Parent & Teen Support Groups
- Runaway & Homeless Services
- Youth Support Programs - Peer Counseling, Mentors Plus & Case Management

Victim Witness Assistance Program

Coordinator: Susan Meyer

Contact: Jill Morse, Specialist

Location: 1360 Johnson Blvd. #105, South Lake Tahoe, CA

Phone: (530) 573-3337

Hours: Monday - Friday, 8:00 a.m. to 4:30 p.m.

**A victim who was injured as a result of a crime or children who witness domestic violence may be eligible for assistance. A police report must be filed and the victim's needs must be related to the crime. Taken from Victim Witness' program description.*

Progress House

Location: 2914 Cold Springs Road, Placerville, CA

Phone: (530) 626-9240

Substance abuse treatment for men, women and children